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Reflection Questions Reflection Questions

Rose, Bud, Thorn Rose, Bud, Thorn

Students should respond to the following prompt: what is one *Rose* (something positive you were happy to experience or succeed at), one *Bud* (some emergining belief or skill that they plan to develop), and *Thorn* (some challenge they need to overcome or lesson learned)?

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Students should respond to the following prompt: what is one Pen (something from today that went well and you would do again the same way), one Pencil (something that you think went well and would probably do mostly the same way but you aren't sure), and one Eraser (something that did not go so well and you would like to do over if you could)?

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Processing Questions Processing Questions

1. What did you observe today? 1. What did you observe today? 2. How did that make you and other people feel? 2. How did that make you and other people feel? 3. What caused parts of today to be difficult? 3. What caused parts of today to be difficult? 4. What helped you succeed today? 4. What helped you succeed today? 5. How does this relate to your life? 5. How does this relate to your life? 6. What lessons can you take away from today? 6. What lessons can you take away from today?

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Showing Gratitude Showing Gratitude

Partner Gratefulness Partner Gratefulness

Who is someone you are grateful for from the partner today? What did he or she do that you are grateful for?
How will this impact you beyond today?
What do you want to tell them to show how thankful you are?

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Class Gratefulness Class Gratefulness

Who are you thankful for from your Embarc class today? What did he or she do? How do you want to let them know that you are thankful for them? How do you plan to let others know that you are grateful for this person? How do you plan to let your other teachers and principals know about what you learned today and to thank them for letting you attend?

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Experience Reflection Questions Experience Reflection Questions

1. How did today's experience impact you? 1. How did today's experience impact you? 2. Would you want to come back to this place? Why or why not? 2. Would you want to come back to this place? Why or why not? 3. Was today different than you thought it would be? How? 3. Was today different than you thought it would be? How? 4. What Core Values were most important today? 4. What Core Values were most important today? 5. Could you see yourself doing the same job as someone you met today? 5. Could you see yourself doing the same job as someone you met today? 6. If you were writing a Yelp review about this partner, what would you say? 6. If you were writing a Yelp review about this partner, what would you say?

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